



Penrith

Chamber of Trade & Commerce

COVID-19, Coronavirus

Support from Local Businesses & Volunteer Information

Updated at 09.00hr, 26.03.20

VOLUNTEER SCHEMES:

NATIONAL NHS VOLUNTEERING

www.goodsamapp.org

GoodSAM is the platform powering the on boarding and deployment of the Volunteers for the NHS and RVS during the Coronavirus crisis. The Government aim to recruit 1.4 million Volunteers and you will soon be able to sign up to help.

SUPPORT CUMBRIA

www.supportcumbria.org.uk

Support Cumbria is an official collaboration of partners across Cumbria who are working together to provide community support to residents who are struggling to access basic or essential services during the coronavirus (COVID-19) outbreak.

This site provides a central point to help coordinate volunteering efforts to support Cumbria residents who may need help.

Volunteering in your community

This website can help you find local organisations to register an interest with in volunteering in your community. They will talk to you about what you could do, and try to connect you with a suitable volunteering role.

This site also allows volunteer groups to register with Cumbria CVS and recruit volunteer support.

RESTAURANTS & CAFES OFFERING TAKEAWAY AND DELIVERY:

PENRITH:

- Greenwheat Flowers & Fika, Brunswick Road, 01768 744240
- Foundry 34, Sandgate, 01768 210099
- Sandgate Friery, Sandgate, 01768 210099
- Angel Lane Chippie, Angel Lane, 01768 210099
- Villa Bianca, Corney Square, 01768 210826
- Wrights Coffee, Middlegate, 017687 44180
- Just Greek, King Street, 017687 44120
- Daffodils Coffee House, St Andrews Churchyard, 01768 210604
- New Squares Café, Bowling Green Lane, 07448 688140
- The Chopping Block, Two Lions Square, 01768 899092
- The Cross Keys Inn, Carleton Village, 01768 865588
- Four & Twenty, King Street, 01768 210231
- Dana Indian Takeaway, Great Dockray, 01768 863812
- Spicy Kitchen, Devonshire Street, 01768 744141
- Xavier's, Victoria Road, 01768 867644
- Caffeine Rush, Market Square, 07967 776582
- Tattie Tim, Devonshire Street, 07964 820865
- Ice Cream Garden and Tea Room, Cornmarket, 01768 899940
- The Country Coffee Shop, Princes Street, 01768 210100

OTHER AREAS:

- The Bridge, Kirkby Thore, 01768 362766
- Old Village Bakery, Melmerby, 01768 881811
- Shepherds Inn, Langwathby, 01768 881463

RETAIL BUSINESSES OFFERING DELIVERY OPTIONS:

PENRITH

- J & J Graham, Market Square, 01768 862281
- Starfruits, Angel Square, 01768 890255
- Bake4Eden, Sandgate, 01768 891825
- Rooting 4 U, Devonshire Arcade, 07773 749777
- Cowpers Mobility Centre, Friargate, 01768 867555
- Sam Scott's, Little Dockray, 01768 866961
- Fixit4Eden, mobile service, 07729 364240
- Clarke's Fusions, Little Dockray, 01768 868882
- The Arcade Pet Store, Devonshire Arcade, 01768 863809
- Just Sew, Poets Walk, 01768 866791
- Another Weigh, Angel Lane, 01768 863156
- Twinkletoes of Penrith, Devonshire Arcade, 01768 428354, 07788238391 or 07584563649
- Natures Health Store, King Street, 01768 899262
- Boot Opticians, Brewery Lane, 01768 865225
- Mackays4meat, Gilwilly, 07543 024991

ACCOMMODATION PROVIDERS:

PENRITH

- Acorn Guesthouse

Offering to convert Guestrooms for use as single occupancy offices for those who cannot work from home - for more info, call 01768 868696.

DELIVERY FIRMS/LOGISTICS

- Hart Distribution, 01768 866229

If you are struggling to get essential items to family or friends, sending stock to meet demand or just keeping your business ticking over. Please consider using us, a local family parcel delivery service based in Penrith, covering the whole of Cumbria.

PROFESSIONAL SERVICES:

- Eden Carers, 01768 890280

Eden Carers support unpaid Carers in Eden. A Carer is a friend, family member who would not be able to cope without their help. As the coronavirus continues to take hold, we are making a few changes to ensure that we protect people's health and act in the best interests of Carers, staff, and the wider community.

Changes are as follows:

- Carer Assessments & reviews will be completed by one to one support over the phone or using self-assessment forms.
- In addition staff will pro-actively be offering telephone support to their most vulnerable Carers.
- Temporarily suspending all social groups.
- Temporarily stopping work in schools, GP Practices and hospital settings and our volunteer services.